



Mother Boniface
Spirituality Center



Deepening Our Relationship with God through Spiritual Direction with Sister Barbara Springer, SSJ

FEB 26 /Saturday /9:30 am-3:00 pm

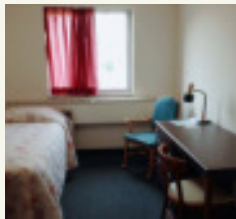
Spiritual Direction is a practice that helps us notice and be attentive to God's presence in our prayer and daily lives. Spiritual Directors are companions who listen attentively to our present experience of prayer. As they listen, they also invite us to listen to the Word of God and see how it fosters our choices. Join us as we explore how the practice of spiritual direction deepens our personal relationship with our Lord. You will also have the opportunity to hear from other seasoned Spiritual Directors as they share their experiences and perspectives on Spiritual Direction. Sister Barbara Springer, SSJ has given spiritual direction at the Jesuit Center at Wernersville, PA and St. Mary-by-the-Sea Retreat House, Cape May, NJ)



Cost: \$35.00 includes continental breakfast, lunch, and presentation.

Come and Rest Awhile Retreat A Silent Retreat with Spiritual Direction

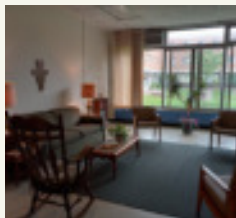
MAY 20-22 /Friday-Sunday/5:00-Noon



This weekend retreat invites you to enter internally into silence while quieting the external world surrounding you. Take time to unplug and rest. Allow a spiritual director to guide and companion you as you attune your ear to the Holy Spirit within you and around you. Rest and renew.



Cost: \$170 includes spiritual direction, meals, and overnight accommodations. Nonrefundable deposit to hold your space: \$50.00



JUL 24-30 / Sunday-Saturday / 5:00 pm - Noon)

In this 7-day guided/directed retreat, you *come apart* from your ordinary activities to rest, in prayerful silence, in the Lord's company. You meet individually, with an experienced guide who listens to the Holy Spirit with you and helps you spend the time well, for example, by suggesting Scripture readings for your meditation. In a Private Retreat, the Holy Spirit alone is your Director. There will be daily Eucharist, meals, and (optional) Morning and Evening Prayer.

**Cost: \$500.00 / includes spiritual direction, meals, and overnight accommodations.
\$450.00 / private retreat without spiritual direction.
Nonrefundable deposit to hold your space: \$100.00**

HOW TO REGISTER

Online: www.msbt.org/mbsc

Call us: 267- 350-1830

Complete and send the form on the back of this flyer.

Checks Payable to : Missionary Servants of the Most Blessed Trinity



Refer to our website for
COVID Safety Protocol



Mother Boniface Spirituality Center
3501 Solly Avenue Philadelphia, PA 19136 / 267-350-1830 / www.msbt.org/mbsc



Mother Boniface
Spirituality Center



Registration Form

Name _____ Date: _____

Address: _____

City: _____ State _____ Zip: _____

Phone: _____ Email _____ Deposit _____

Date & Name of Program (s) : _____

Please make checks payable to **MSBT (Missionary Servants of the Most Blessed Trinity)**

Mail deposit/payment to:

Mother Boniface Spirituality Center / 3501 Solly Avenue/ Philadelphia, PA 19136

Thank you and God Bless!