



WISDOM & WELCOME WEDNESDAYS

Exploring the Sacred Seasons of Life



A monthly mini-retreat for older adults seeking faith, friendship, reflection, and spiritual growth. Join us as we gather for prayer, reflection, storytelling, fellowship, and lunch while exploring the spiritual journey of aging with grace, wisdom, faith, and hope. Through Scripture, conversation, and community, we will discover God's presence in every season of life.

9:30 AM – 1:00 PM Doors open at 9:00 AM for coffee and conversation.

• **Mother Boniface Spirituality Center 3501 Solly Avenue, Philadelphia, PA**

"A journey through the seasons of aging, faith, memory, hope, love, loss, and renewal."

2026–2027 SCHEDULE

September 23

When the Leaves Begin to Turn
Embracing Change and New Seasons

October 28

Letting Go Gracefully
The Spirituality of Surrender

November 25

Saints, Souls, and Sacred Memory
Legacy, Remembrance, and Hope

January 27

Beginning Again
New Chapters at Every Age

March 24

Matters of the Heart
How Love Changes Over a Lifetime

April 28

Resurrection Stories
Second Chances and New Life

May 26

Mary and the Journey Home
Trusting God Through Every Season

ADVENT MINI-RETREAT

December 9 — Waiting in Hope

Advent invites us to discover the grace hidden in waiting as we prepare our hearts for Christ's coming.

LENTEN MINI-RETREAT

February 17

*Return to Me With All Your Heart
A day of prayer, reflection, and renewal as we journey through Lent together.*

Attend one session or journey with us throughout the year.

Wisdom and Welcome

Wednesdays

\$30 per session

Journey Package:

Attend all 7 Wisdom and
Welcome Wednesday
Gatherings for \$195
(save \$15)

Advent and Lent Retreats

\$40 per session

For information and registration:

CALL- 267-350-1830 • **TEXT-** 267-207-9970 • **EMAIL-** asstdirector@msbt.org

Information to share: Dates you are interested in along with your Name,
your Cell phone #, Dietary and Mobility Needs